



Texas' Mental Health WORKFORCE SHORTAGE

A SKILLED AND ROBUST BEHAVIORAL HEALTH CARE WORKFORCE IS ESSENTIAL TO IMPROVE THE WELLNESS OF TEXANS. All Texas communities should have the behavioral health workforce they need to keep Texans healthy, and current gaps represent a public health crisis.

81%

of Texas' 254 counties are whole or partly designated as Mental Health Professional Shortage Areas.*

Also...

over 90%

have some level of federally designated shortage.*

DALLAS COUNTY

HAS ONLY 73 PSYCHIATRISTS PER CAPITA COMPARED TO MIAMI-DADE COUNTY'S 117 PSYCHIATRISTS PER CAPITA.

Both counties are similar in population size yet Dallas County has 38% FEWER psychiatrists to service its communities.****

33%

OF TEXANS WOULD CONSIDER BECOMING A SKILLED MENTAL HEALTH MEDICAL PROFESSIONAL OR CARE GIVER.***

65%

OF TEXANS WOULD ENCOURAGE THEIR CHILDREN OR GRANDCHILDREN TO LOOK INTO BECOMING A MENTAL HEALTH PROFESSIONAL.***

31ST

TEXAS RANKS 31ST IN THE NATION FOR PSYCHIATRIC RESIDENCY SLOTS ON A PER CAPITAL BASIS.*****

NATIONAL MENTAL HEALTH AWARENESS MONTH

Find out more about these issues at www.texasstateofmind.org

* The Mental Health Workforce Shortage in Texas, Department of State Health Services, September 2014
** Psychologists -SAMHSA 2011; LPC and LCSW-American Counseling Association, 2013; state licensing rosters
*** Texas State of Mind Survey, The Meadows Mental Health Policy Institute for Texas
**** American Psychiatric Association 2013; TX licensing board; US Census 2013 projections
*****National Resident Matching Program 2014; US Census 2013 projections